

## PEP—Prioritized Emergency Preparedness—Checklist #3: Go Bags & Pets

Go step-by-step down the list, considering yourself & usual traveling companions/dependents.

Email [ncaphillhub@gmail.com](mailto:ncaphillhub@gmail.com) for PEP Checklists #1 & #2—Budget Water & Food, & Home.

### CREATE GO BAGS — NEED A KIT ON A SHOESTRING? [SUGGESTIONS HERE.](#)

- Pack Go & Get Home Bags for the 1-3 days it may take to get home.
- Use backpacks, rolling suitcases, grocery bags. Use Ziplocs for mini-go kits.
- Store near exits, in gym bags, at work.
  - Portable water, food, utensils (H<sub>2</sub>O is more important than food).
  - Matches in waterproof container, flashlight, batteries, & portable phone charging device.
  - [Download useful apps NOW.](#) Many work without wifi or phone signal.
  - Sturdy shoes, layers of basic clothing, socks, hat, mittens, scarf.
  - Umbrella, rain poncho or large plastic bags, thermal blankets.
  - Emergency phone numbers & passwords (put extra copies in desk, wallet, vehicle, gym bag).
  - Completed Out-Of-Area-Contact cards. Include contact's cell number, cell carrier, & email address.
  - Picture of family/pets in case you need to share them with search & rescue teams.
  - An [offline city bike map](#) (landmarks will be gone in a quake!). Pick 1 up at your library or order it.
  - Cash in small bills.
  - N95 dust masks, disposable gloves, basic first aid.
  - Personal items like some form of ID, spare eye glasses & 3-day supply of medications.
  - Sanitation, wipes, feminine hygiene products, diapers.
  - Paper, pens, duct tape, compass, whistle, utility knife, can opener, rope or cord.
- In cars, duplicate all the above, scaled to meet the needs of your usual number of passengers.
  - Store extra bottled water in case you need to walk home (trunk & interior side pockets).
  - Jumper cables, supplemental battery charger, road flare, & [supplemented](#) first aid kit.
  - Extreme weather aids like scrapers, hand warmers, tire chains, small shovel.

### PREPARE YOUR PETS

- Collars & identification tags & microchip registration are up to date.
- Choose a neighbor, or two, to care for your pet if you can't get home for some reason.
  - Give them a key & show them where your pet might hide, if nervous.
  - Show them where you keep your pet's emergency supplies.
- Emergency supplies.
  - 2-3-week supply of water & food (estimate 3-5 gallons per week for average-sized cat/dog).
  - For water storage & access solutions, see PEP #1 & #2—Budget Water & Food, & Home.
  - Spare leash, collar & extra medicine for 2-3 weeks.
  - Pet litter or poop bags.
  - Shot record & other important pet paper work in a Ziploc bag.
- Photos: Print copies of you with your pet, to help you find each other & prove you're together.
  - On the back of photos, add name, breed, weight, special markings, health issues, allergies.
  - List contact info for you, your vet, & your Out-Of-Area Contact's information.
  - Keep a copy at home, at work, in your Go Bag.
- Decide now where to confine your pet after a quake to prevent injury. Crate? Car? Closet?
- Text GETPET to 90999 on your Smartphone to download Red Cross's "First Aid For Pets" app.